

Syllabus for GEY 6220 (Spring 2016) Overview of Geriatric Care Management

Course Overview

This course will provide the student with the basic elements and procedures for conducting a comprehensive geriatric assessment and care plan report. The content of the course will cover the fundamentals of a psychosocial assessment, presenting problem, general background and history information, diagnosis and medications, and functional abilities. Emphasis is placed on analyzing a provided case study, determining needed additional information, and incorporating that information into a cohesive written report. Additionally, the students will be required to write an initial care plan based on the assessment and information-gathering process that logically follows potential concerns discovered during the analysis and discussion of the provided case study.

Course Objectives

1. Understand ethical dilemmas, confidentiality, and protected health information facing geriatric care managers;
2. Recognize psychosocial and functional deficits;
3. Evaluate and administer screening tools, assessments, and the need for clarification and additional resources;
4. Identify the steps associated with the geriatric assessment process;
5. Describe various interventions appropriate for care planning with geriatric clients;
6. Discuss how GCM's can improve holistic quality of life for the clients they serve;
7. Summarize methods for analyzing assessment results and prioritizing client needs;
8. Understand the elements of an initial care plan and the need for changes and modifications as an ongoing process.

Required Textbooks

Handbook for Geriatric Care Management (4th Edition) by Cathy Jo Cress.
Jones and Bartlett, 2012. (ISBN 978-1-284-07898-5)

Functional Performance in Older Adults (3rd Edition) by Bette R. Bonder & Vanina Dal Bello- Haas.
F.A. Davis, 2009. (ISBN 13: 978-0-8036-1688-2)

COURSE ORGANIZATION

Course Participation – Discussion Forums 40 Points (Four Discussions - 10 points each)

The course **Discussion Forum** provides a venue to increase interaction and is used to replicate a traditional class (face to face) discussion. **Students are expected to participate in four mandatory (asynchronous) Discussion Forums** for which there will be an initial question(s) or topic posted on the **Discussion Forum** by the course instructor for each week. Students are required to review all four **Discussion Forums** as they are presented. Students then should post their initial response to the forum discussion topic for the assigned week by Wednesday, 7:00 pm EST of the week indicated on the course syllabus schedule (see below). Once you have posted your initial response to the opening question, you should then proceed to review the postings of your classmates and to respond to the postings of your classmates, just as you would in a traditional (face to face) class discussion. During the week, you should monitor the **Discussion Forum** in order to respond to the postings of the course instructor and your classmates. All responses to the discussion question among students will close on Sunday, 7:00 pm EST of the same week indicated on the course schedule (see below). Each of the four **Discussion Forum** questions/topics are worth a maximum of 10 points per **Discussion Forum** for a total of 40 points. Discussion responses will be based on content, creativity, flow of ideas, personal or professional experiences (if any), and responses relative to the topic.

Note: Assessment of full participation will entail your instructor's evaluation of both quality (subjective) and quantity (objective):

Quality: Posts must reflect thoughtful consideration of the material assigned as well as thoughtful responses to others' postings that extend or expand on the conversation.

Quantity: Credit for full participation will be awarded to those who post both an individual response and subsequently respond to others' postings in a timely manner. Concise postings are appreciated.

Conference Sessions

Conference Sessions will be available every Sunday evening from 7 to 8 pm EST. There is a weekly sign-in discussion board for those who are interested in participating. Please sign-up by the Friday for the week you wish to join by 7 pm EST. The **Conference Sessions** are not mandatory nor do they constitute any part of your grade. **Conference Sessions** are available to you in a "real time" venue and provides additional resources as part of your weekly educational materials. It is recommended that you check the **Announcements** frequently for changes, guest speakers, or topics of interest to the Conference Session schedule. **Conference Sessions** provide the individual the occasion to interact with colleagues to, pursue points of views, present ideas, ask questions, comment on weekly topic, discuss current events, and generally participate in a live, interactive group discussion. **Conference Sessions** use both audio and video formats and may be recorded for future reference and viewing during this course.

Functional, Medical, or Psychosocial Assessment Interview Report**10 Points**

The student is required to do a formal interview of a person who is directly associated with an intake or assessment process involving some type of intake, functional, cognitive, and/or psychosocial assessment process. Potential interviewees might include rehab directors in an outpatient, inpatient, or home health setting, Case Managers and Social Workers in hospitals or any health care facility, Guardians, individuals in private practice or as consultants, Alzheimer's or Hospice affiliates, or anyone who does assessments in the realm of functional, medical, or psychosocial areas. More information and guidelines for the paper can be found on the Home - Course Materials Page of the course website. **Due on the date listed on the syllabus.**

Case Study Analysis (Option 1 or 2)**Client Assessment and Care Plan****20 Points**

For the purpose of this assignment students will analyze one of two case studies and develop a client assessment and care plan narrative report. The Case Studies and a detailed description and guidelines for what is to be included in your assessment is available on the course website **Home - Course Materials Page**. **Due on the date listed on the syllabus.**

A power point presentation of your assessment and care plan will be presented in the fourth **Discussion Forum**. An example PowerPoint presentation will be provided for you on the **Home - Course Materials Page** on the website.

Two Open Book Quizzes**15 Points Each**

There will be two open book quizzes. First quiz will be all the material covered through week five of the course. The Final quiz will cover all the material starting with week six and continuing through week 12. Each quiz consists of 15 multiple choice questions and you will have 45 minutes to complete the quiz. Once your 45 minutes are up, you will not be able to change any responses and the quiz automatically closes. You will have one opportunity to complete each quiz and you should use your textbooks as references and sources. The quiz dates are listed in your syllabus. Please go to the **Assessments** section of the course website. **Quizzes will only be available during the time frame listed on your syllabus.**

Grading Scale

Course Points:

| | |
|--------------|--------------|
| A (93 - 100) | C (73 - 77) |
| A- (90 - 92) | C- (70 - 72) |
| B+ (88 - 89) | D+ (68 - 69) |
| B (83 - 87) | D (63 - 67) |
| B- (80 - 82) | D- (60 - 62) |
| C+ (78 - 79) | |

Student Support Services

As a student in a distance learning course or program, you have access to the same student support services

that on-campus students have.

- For course content questions, please consult your instructor.
- For any technical issues you encounter with your course, please contact the UF Computing Help Desk at (352) 392-4357 (392-HELP). Be prepared to give your name, Gatorlink ID and student number as well as the course number and section (1001).
- For Help Desk hours, visit <http://helpdesk.ufl.edu>
- For a list of additional student support services, links, and information, please visit: <http://www.distance.ufl.edu/student-services>.

Special Accommodations

Students requesting disability related academic accommodations must first register with the Disability Resource Office. Contact information for this office may be found at <http://www.dso.ufl.edu/drc>.

The Disability Resource Center office will provide documentation to the student, who must then provide this documentation to the instructor when requesting accommodation. Students should plan on contacting the DRC prior to any perceived need for accommodation—i.e., at or before the beginning of the term.

Complaints

Should you have any complaints with your experience in this course, please visit <http://www.distance.ufl.edu/student-complaints> to submit a complaint.

Academic Integrity

Please review the University's honor code at the following website:

<http://www.dso.ufl.edu/judicial/honorcode.php>

Copyright Information

Please also review the use of copyrighted materials, which can be found on the Health Science Center Library's web page: <http://www.library.health.ufl.edu/services/copyright.htm>

Make-up Exams or Other Work Policy

Students are expected to submit a written request to the instructor for any work not completed.

Accommodation Policy

Students requesting classroom accommodation must first register with the Dean of Students' Office, 202 Peabody Hall, and 392-1261. The DSO will provide documentation to the student who must then provide this documentation to the instructor.

NOTE: The videos and information obtained from outside sources, i.e. internet, does not in any way reflect the opinion of this University or with any associated with this course. The University does not endorse or promote any products or services as related to the information provided in external videos. Discretion is advised and caution suggested when engaging in any activity or inquiries beyond viewing the videos. Should you have questions, please email the instructor for the course.

Course Schedule

Week 1: History of Geriatric Care Management, Ethics of Care Management, Theories of Aging Jan 4 - Jan 10

Topics

- History of Geriatric Care Management
- The Birth of Geriatric Care Management Organizations
- Academic Programs in Geriatric Care Management
- What is an Ethical Dilemma?
- Ethical Conflict Regarding Client Exploitation
- Ethical Conflicts Between the Client's Needs and the Client's Wants
- Conflicts around Confidentiality and Disclosure
- Analyzing Ethical Dilemmas
- How to Resolve Ethical Dilemmas
- Biological Theories of Aging

- Psychological Theories of Aging
- Sociological Theories of Aging

Assigned Reading

- [Handbook of GCM - Chapters 1 & 2](#)
- [Functional Performance – Chapters 2](#)

Additional Reading

- [Modern Biological Theories of Aging \(Links to an external site.\)](#) - Kunlin Jin
- [Standards of Practice and Code of Ethics \(Links to an external site.\)](#) - Aging Life Care Association
- [Ethics of Care: Guiding the Treatment of Dementia in the 21st Century \(Links to an external site.\)](#) - Elijah Wolfson - Huff Post Healthy Living

Presentation Lecture

[Ethics & Aging GERO 543 \(Links to an external site.\)](#) I believe this was part of a Ethics class at USC

[Theories of Aging: Structural-Functional, Symbolic-Interaction & Social-Conflict \(Links to an external site.\)](#) Aging in Society

Discussion Forum

Please click on [Week - 1 Discussion forum "Welcome"](#) and provide a brief summary as to how you became interested and involved in aging and adult services. This is not a graded discussion.

Conference Session

Welcome and Orientation Conference - Thursday, January 7, from 7 to 8 pm. We will review the syllabus, course content, assignments, due dates, required participation, Canvas navigation and any questions or issues regarding the course. Please click the Conferences button and proceed to **Week 1- Welcome Conference** and follow the directions to join.

Online Content

[End of Life Care: Debate Video \(Links to an external site.\)](#)

FORA.tv

[Life and Death in Assisted Living \(Links to an external site.\)](#) - FRONTLINE

Next Week: Reading, Presentations, Discussion Forum, Conference - [First graded Discussions Forum](#)

[topic due](#) [Home - Course Materials](#)

Week 2: Ethnic and Cultural Considerations, Ethnicity, Aging, and Health Jan 11 - Jan 17

Topics

- Our Ethnogeriatric Imperative
- Acculturation and Assimilation
- Cohort History
- Family Value Systems in Ethnic Communities
- Ethnicity, Aging, and Health
- Barriers to Services and Programs
- Introduction to Assessment and Plan of Care Forms
- Culture and Occupation
- Culture and the Interventions

Assigned Reading

- [Handbook of GCM - Chapter 6](#)
- [Functional Performance – Chapter 23](#)

Additional Reading

- [Race, Ethnicity, Culture, and Disparities in Health care \(Links to an external site.\)](#) - Leonard E Egede, MD, MS - Society of General Internal Medicine
- [2014 National Healthcare Quality and Disparities Report \(Links to an external site.\)](#) - Agency for Healthcare Research and Quality
- [Equity and Social Determinants of Health Among Older Adults \(Links to an external site.\)](#) - American Society on Aging
- [Understanding Culture and Diversity in Building Communities \(Links to an external site.\)](#) - Community Tool Box (I think this is a great site to explore. Lots of thing to do here)

Presentation Lectures

[Audio PowerPoint Lecture - Cultural Competence](#)

[Lecture Slide Notes](#)  [Demographic Structure of Society - Race and Ethnicity \(Links to an external site.\)](#)

Discussion Forum

Please click [Week 2 - First Discussion Forum](#). Read and respond to the topic or questions provided. **Initial responses are due by Wednesday, January 13 at 7:00pm EST.** Comments to other posts continue through Sunday evening. Please refer to your *Discussions Forum section in your syllabus* for suggestions for appropriate responses. ***This is a graded Discussion Forum.***

Conference Session

Conferences are provided as an interactive and engaging learning experience. **Conference** for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the **Conference** is not mandatory and does not count in your overall grade. **Conference will be held on Sunday, January 17 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 2 Conference**. Follow the directions to join. Click [Weekly Conference Sign-in Schedule](#) to choose the weeks you wish to participate.

Online Content

[Cultural Differences \(Links to an external site.\)](#) - National Geographic

[Understanding and Respecting Others \(Links to an external site.\)](#)

Whoyouwant2be.org

Next Week: Reading, Presentations, Conference

[Home - Course Materials](#)

Week 3: Dementia, Cognitive Changes in Aging Jan 18 - Jan 24

Topics

- Cognitive Changes in Normal Aging
- Cognition and Activities in Normal Aging
- Dementia
- Common Types of Dementia
- Diagnosing Dementia
- Stages of Dementia
- Defining and Measuring the Impact and Role of Assessment of Occupational and Social Functioning

Assigned Reading

- **Functional Performance – Chapters 7 & 9**

Additional Reading

- [Cognitive assessment in the elderly: a review of clinical methods \(Links to an external site.\)](#) - H.J. Woodford, J. George - QJM. A very good summary of the different types of cognitive screening instruments. This article goes into more detail about individual tests and the strengths and weaknesses of each cognitive assessment.
- [Cognitive Changes With Aging \(Links to an external site.\)](#) - Boston University School of Public Health - *click on the next page for more reading*
- [Disease Progression: The 5 Stages of Dementia \(Links to an external site.\)](#) - Mary Ellen Ellis - Healthline
- [Clinical Dementia Rating \(Links to an external site.\)](#) - Alzheimer's Diseases Research Center - Both a questionnaire to a family member, caregiver, or someone who knows the person well, and a cognitive screen for the individual - a good instrument

Presentation Lectures

[Cognitive Changes and Aging \(Links to an external site.\)](#) - Kerstin Palombaro, PT, PhD, CAPS - Present.me 2011 - 2015

[What is normal cognitive aging? \(Links to an external site.\)](#)
Dr. Louis Bherer - 49 minutes. Somewhat clinical information

Conference Session

Conferences are provided as an interactive and engaging learning experience. **Conference** for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the **Conference** is not mandatory and does not count in your overall grade. **Conference will be held on Sunday, January 24 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 3 Conference**. Follow the directions to join. Click [Weekly Conference Sign-in Schedule](#) to choose the weeks you wish to participate.

Online Content

[Health Care Professionals and Alzheimer's \(Links to an external site.\)](#)- Alz.org

[Mild Cognitive Impairment - Ten Years Later \(Links to an external site.\)](#)Mayo Clinic

[Depression and Alzheimer's \(Links to an external site.\)](#)First author Laura B. Zahodne, PhD - Columbia Medical

**Week 4: Depression, Treatment of Depression, Substance Abuse, Changing Realm of the Senses,
Sexuality and Aging Jan 25 - Jan 31**

Topics

- Depression
- Depression and Functional Status
- Treatment of Depression
- Substance Abuse
- Vision and Functional Performance
- Hearing and Functional Performance
- Taste and Smell: Physical Changes and Functional Performance
- Sex and the Elderly Population
- Age-Related Physical Changes and Sexual Functioning
- Effects of Disease on Sexuality
- Factors Affecting Sexuality

Assigned Reading

- [Handbook of GCM - Chapter 21](#)
- [Functional Performance – Chapters 5,10, & 16](#)

Additional Reading

- [Depression \(Major Depressive Disorder\) - Mayo Clinic \(Links to an external site.\)](#)
- [Physical Functioning, Perceived Disability, and Depressive Symptoms in Adults with Arthritis \(Links to an external site.\)](#) - Copyright © 2013 Katie Becofsky et al.
- [Fact Sheet - Mental Health and the Aging \(Links to an external site.\)](#) - The National Center for Health and the Aging
- [Betrayed By Our Bodies — Sensory Loss in Aging \(Links to an external site.\)](#) - By Dan Orzech - Social Work Today
- [Sexuality in Later Life \(Links to an external site.\)](#) - NIA

Presentation Lecture

[Substance Abuse Among Older Adults \(Links to an external site.\)](#) - Center for Substance Abuse Treatment. Substance Abuse and Mental Health Services Administration

[Substance Abuse & Older Adults \(Links to an external site.\)](#) Sarah Collins

[How to Tell if It's Depression or Dementia \(Links to an external site.\)](#)

[Sexuality and Aging - Research on Aging \(Links to an external site.\)](#)

Dan Sewell, MD - University of California Television

Discussion Forum

Please click [Week 4 - Second Discussion Forum](#). Read and respond to the topic or questions provided. **Initial responses are due by Wednesday, January 27 at 7:00pm EST.** Comments to other posts continue through Sunday evening. Please refer to your *Discussions Forum section in your syllabus* for suggestions for appropriate responses. ***This is a graded Discussion Forum.***

Conference Session

Conferences are provided as an interactive and engaging learning experience. **Conference** for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the **Conference** is not mandatory and does not count in your overall grade. **Conference will be held on Sunday, January 31 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 4 Conference**. Follow the directions to join. Click [Weekly Conference Sign-in Schedule](#) to choose the weeks you wish to participate.

Online Content

[Rethinking How We Understand and Treat Depression: Charles Raison at TEDxTucsonSalon \(Links to an external site.\)](#)

Dr. Charles Raison - TEDX Talks

[Elderly Substance Abuse PSA \(Links to an external site.\)](#)

Anthony Diaz

[Hot Topic - The Ethics of Sexuality and Aging \(Links to an external site.\)](#)

mmlern.org

Next Week: Readings, Presentations, Conference

[Home - Course Materials](#)

Week 5: Cognitive, Psychological, Psychosocial, Economic, and Legal Assessment, Substance Abuse, Evaluations Feb 1 - Feb 7


Topics

- Cognitive Assessment
- Psychosocial Assessment
- Psychological Assessment
- Capacity
- Social Support
- Elder Mistreatment
- Economic and Legal Assessment
- Substance Abuse
- The Meaning of Evaluation
- Evaluation Realities
- A Conceptual Framework for Evaluation of Performance with Older Adults
- Evaluation Methods
- Understanding Religion and Spirituality
- Aging, Spirituality and Religion
- Working with Clients from Unfamiliar Religious Traditions
- Integrating the Whole Person

Assigned Reading

- [Handbook of GCM – Chapters 3 & 8](#)
- [Functional Performance – Chapter 17](#)

Additional Reading

- [Psychosocial Interview - A Guide](#)  - Dr Leesa Morrow - 10 very good points to consider when doing client interviews
- [Seniors Who Live Alone Least Likely to Undergo Dementia Assessment \(Links to an external site.\)](#) - Janice Wood - PsychCentral
- [What is Psychological Assessment? \(Links to an external site.\)](#) - Jane Framingham, Ph. D. - PsychCentral
- [Financial Capacity in an Aging Society \(Links to an external site.\)](#) - Daniel C. Marson and Charles P. Sabatino - Journal of the American Society on Aging
- [Religion and Spirituality in the Elderly \(Links to an external site.\)](#) - Daniel B. Kaplan, PhD, MSW, Barbara J. Berkman, DSW, PhD - Merckmanuals.com

Presentation Lecture

[Mental Capacity Assessment \(Links to an external site.\)](#) Healthy North Coast - I think this is a good, straight-forward presentation on understanding what is capacity

[Geriatrics-Competent Care: Geriatric Assessment \(Links to an external site.\)](#) ResourcesforIntegratedCare

- Good overview of the assessment process - 1hr, 15 minutes

Conference Session

Conferences are provided as an interactive and engaging learning experience. **Conference** for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the **Conference** is not mandatory and does not count in your overall grade. **Conference will be held on Sunday, February 7 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 5 Conference**. Follow the directions to join. Click [Weekly Conference Sign-in Schedule](#) to choose the weeks you wish to participate.

Online Content

[Issues of Faith: Spirituality of Aging Pt. 1 \(Links to an external site.\)](#)

NewsChannel 5

[Issues of Faith: Spirituality of Aging Pt. 2 \(Links to an external site.\)](#)

NewsChannel 5

Next Week: Readings, Presentations, Conference, [Medical, Functional or Psychosocial Interview](#)

[Assignment Due Monday, Feb 8 - Open Book Quiz](#)

[Home - Course Materials](#)

Week 6: Activities of Daily Living, Ambulation and Mobility, Measuring IADLs, Sleep, Defining Self-

Care Feb 8 - Feb 14

Topics

- Measuring Activities of Daily Living
- Ambulation and Mobility
- Measuring Instrumental Activities of Daily Living
- Sensory Loss
- Sleep

- Home Environment Assessment
- Age-Related Changes in the Cardiopulmonary and Cardiovascular Systems
- Functional Consequences of Fitness in Older People
- Defining Self-Care
- Measuring Self-Care Performance
- Activities of Daily Living Among Elderly Persons
- Activities of Daily Living Intervention
- Assistive Devices for Self-Care

Assigned Reading

- [Handbook of GCM - Chapter 4](#)
- [Functional Performance – Chapters 4 & 11](#)

Additional Reading

- [The Patients Capacity for Self-Care. Advocating for a Predischarge Assessment \(Links to an external site.\)](#) - JoAnn Grif Alspach, RN, MSN, Ed.D - CriticalCareNurse
- [Taking Action to Prevent Falls: A Home Environmental Assessment \(Links to an external site.\)](#) - stopfalls.org - Another good home safety assessment
- [GEM Environmental Assessment \(Links to an external site.\)](#) - Rosemary Bakker, MS, ASID - cornellEG.org - another good one to review
- [Immobility Ambulation \(Links to an external site.\)](#) - American Academy of Nursing
 - Defining Community Ambulation From the Perspective of the Older Adult - Cynthia J. Brown, MD, MSPH; Christy Bradberry, DPT ; Shalaney Green Howze, DPT ; Lindsay Hickman, DPT ; Heather Ray, DPT ; Claire Peel, PhD, PT, FAPTA - Journal of Geriatric Physical Therapy - This article has great implications for community-living older adults

Presentation Lectures

[The Lawton Instrumental Activities of Daily Living Scale \[IADL\] \(Links to an external site.\)](#)

Hartford Institute for Geriatric Nursing - very good presentation and much in the interest for a GCM

[Functional Assessment](#) - very long - [Lecture Slide Notes](#)

[KATZ Index of Independence in Activities of Daily Living \[ADL\] \(Links to an external site.\)](#)

Hartford Institute for Geriatric Nursing

Conference Session

Conferences are provided as an interactive and engaging learning experience. **Conference** for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the **Conference** is not mandatory and does not count in

your overall grade. **Conference will be held on Sunday, February 14 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 6 Conference**. Follow the directions to join. Click [Weekly Conference Sign-in Schedule](#) to chose the weeks you wish to participate.

Online Content

[Taking Steps to Prevent Falling Head Over Heels](#)  - AARP

[Sleep and Sleep Disorders in the Older Adult - Research on Aging \(Links to an external site.\)](#)

Jose S. Loredó, MD - University of California Television [Video: Preventing Falls in the Elderly \(Links to an external site.\)](#)

Assignment

Functional, Medical, or Psychosocial Assessment Report is due Wednesday, February 10 at 5:00 pm EST. Please attach your report to an email to the instructor. Please email the instructor should you have any questions or concerns.

Mid-Term Open Book Quiz

Quiz will be available starting **Monday February 8** and conclude on **Sunday February 16 at midnight**. You will have **45 minutes** to answer **15 multiple choice questions**. Click on [Mid-term Quiz](#) to access the quiz.

Next Week: Reading, Presentations, Conference [Home - Course Materi](#)

Week 7: Goals of a Geriatric Assessment, Care Plan, Care Plan Monitoring, Fall Risk, Fall Assessment, Age-Related Changes Feb 15 - Feb 21

Topics


- Goals of a Geriatric Assessment
- Care Plan
- Interventions in the Care Plan
- Care Monitoring: Updating Your Care Plan
- Writing a Geriatric Assessment and Care Plan
- Evaluating the Geriatric Assessment
- Classification of Functioning, Disability, and Health, the Neuromusculoskeletal System
- Movement and Function in Older Adults
- Causes of Falling
- Age-Related Physiological Changes

- Environmental Factors
- Clinical Assessment and Intervention
- Fall Assessment
- Fall Risk Assessment



Assigned Reading

- [Handbook of GCM - Chapter 5](#)
- [Functional Performance Chapters 6 & 8](#)

Additional Reading

- [Geriatric Assessment Tools \(Links to an external site.\)](#) - Sonja L. Rosen, MD and David B. Reuben, MD - Mount Sinai Journal of Medicine - addresses many issues for the GCM in assessments
- [Home Safety Caregiver Checklist](#)  - AARP.org
- [Interdisciplinary Care Planning: Leading to Healthy Transitions \(Links to an external site.\)](#) - James J. Peter - Mount Sinai School of Medicine
- [Aging and Preventive Health \(Links to an external site.\)](#) - Ronan Factora, MD - Cleveland Clinic

Presentation Lectures

[MNA Mini Nutritional Assessment \(Links to an external site.\)](#) Nestle Nutritional Institute
[Guide to MNA Mini Nutritional Assessment \(Links to an external site.\)](#) - Nestle Nutritional Institute
[MNA Form \(Links to an external site.\)](#) - Nestle Nutritional Institute
[Falls in Older Adults \(Links to an external site.\)](#) University of California Television
[Care Planning](#)  - **A very long presentation** - [Lecture Slide Notes](#) 

Conference Session

Conferences are provided as an interactive and engaging learning experience. **Conference** for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the **Conference** is not mandatory and does not count in your overall grade. **Conference will be held on Sunday, February 21 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 7 Conference**. Follow the directions to join. Click [Weekly Conference Sign-in Schedule](#) to chose the weeks you wish to participate.

Online Content

[Video: Wheelchair to Car Instructional Video \(Links to an external site.\)](#)
[Debunking the Myths of Older Adult Falls \(Links to an external site.\)](#) National Center for Health in Public Housing and the National Council on Aging

Next Week: [Reading, Presentations, Third Discussion Forum topic, Conference](#) [Home - Course](#)

[Materials](#)

Week 8: Late-Life Relocation, Assessing the Family Caregiver, Community Based Services, Home Health Feb 22 - Feb 28

Topics

- The Meaning of Home
- Push to Move, Pull to Move
- Involving Families in the Decision to Move the Elderly Person
- Living in the Community at Large
- Moving a Person with Memory Loss
- Assessing the Caregiver
- Community Based Service Growth, Classifications, and Service Utilization
- History of Home Health Care
- Home-Health-Care Agencies
- Payment for Home-Health-Care Services

Assigned Reading

- [Handbook of GCM - Chapters 7 & 9](#)
- [Functional Performance – Chapters 19 & 20](#)

Additional Reading

- [Prevent Elder Transfer Trauma: Tips to Ease Relocation Stress \(Links to an external site.\)](#) - Kate Jackson - Social Work Today
- [On the Environmental Factors that Alleviate Relocation Stress Syndrome in Residents of Long term Care Facilities \(Links to an external site.\)](#) - Amber Lois Williams - Eastern Michigan University
- copy and save this link to review later.
- [Moving Elderly Parents Into Your Home \(Links to an external site.\)](#) - Mard Naman - Caring.com

Presentation Lectures

[Friday, October 09, 2015: Home and Community-Based Services \(Links to an external site.\)](#)

In my opinion, the future of health care for older adults. Well worth watching.

[Home Health Care - Current Trends \(Links to an external site.\)](#)

Richard H. Fortinsky, MD - detailed presentation on Home Health Care operations

Discussion Forum

Please click [Week 8 - Third Discussion Forum](#). Read and respond to the topic or questions provided. **Initial responses are due by Wednesday, February 24 at 7:00pm EST.** Comments to other posts continue through Sunday evening. Please refer to your Discussions Forum section in your syllabus for suggestions for appropriate responses. ***This is a graded Discussion Forum.***

Conference Session

Conferences are provided as an interactive and engaging learning experience. **Conference** for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the **Conference** is not mandatory and does not count in your overall grade. **Conference will be held on Sunday, February 28 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 8 Conference**. Follow the directions to join. Click [Weekly Conference Sign-in Schedule](#) to chose the weeks you wish to participate.

Online Content

[eden project \(Links to an external site.\)](#)

[The Green House Project \(Links to an external site.\)](#)

[SASH Services - Independent vs. Assisted Living \(Links to an external site.\)](#)

SASH Program

[Learn About Home Health Care \(Links to an external site.\)](#) - homehealthcareagencies.com

Next Week: [Reading, Presentations, Conference](#)

[Home - Course Materials](#)

Week 9: Technologies for Aging in Place, Products and Technology, Rehabilitation Feb 29 - March 6

Topics



- Health and Wellness Technologies

- Safety, Security, and Environmental Sensors
- Communication and Social Engagement
- Care Manager in Recommending Technology
- Assessing the Need for Assistive Technology
- Assistive Technology for Older Adults
- Disability Demographics
- The Rehabilitation Team
- Therapy Partnership
- Delivery Systems
- Assessment Instruments
- Personal and Environmental Factors to Consider

Assigned Reading

- [Handbook of GCM - Chapter 11](#)
- [Functional Performance – Chapters 21 & 24](#)

Additional Reading

- [Older Adults and Technology Use \(Links to an external site.\)](#) - Aaron Smith - PewResearchCenter
- [Fostering Independence, Participation, and Healthy Aging Through Technology - Workshop Summary \(Links to an external site.\)](#) - Tracy A. Lustig and Steve Olsen - Institute of Medicine and National Research Council of the National Academies
- [Rehabilitation](#)   - Pamela W. Duncan, PhD, Stephanie Studenski, MD, MPH, Barbara deLateur, MD - hopkinsmedicine.org
- [Universal Design: A Step toward Successful Aging \(Links to an external site.\)](#) - Kelly Carr, Patricia L. Weir, Dory Azar, and Nadia R. Azar - Journal of Aging Research

Presentation Lectures

[Gerontechnology \(Links to an external site.\)](#)

Kayla Tolstyka

[Appropriate Use of Assistive Devices - Physical Therapy Department \(Links to an external site.\)](#)

Film and Media Club - University of Michigan - a very good tutorial for the GCM

Conference Session

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your overall grade. **Conference will be held on Sunday, March 6 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 9 Conference**. Follow the directions to join. Click [Weekly Conference Sign-in Schedule](#) to chose the weeks you wish to participate.

Online Content

[Working Caregiver - Caregiver Check Lists](#) - workingcaregiver.com

[In Tech Marketplace, Seniors Are Carving Out A Sizable Niche Of Their Own \(Links to an external site.\)](#) - All Things Considered (audio) NPR

[Assistive Devices for the Elderly \(Links to an external site.\)](#)

Care is There Geriatric Care Management - practical recommendations for DME and assistive devices

Next Week: [Reading, Presentations, Conference, Case Study Assignment Due March 9](#) [Home](#)
[- Course Materials](#)

Week 10: Community Mobility, Health Promotion and Wellness March 7 - March 13





Topics

- Driving as an Occupation
- Performance Skills
- Losing the Ability to Drive
- Community Mobility: Some Alternative Solutions
- Defining Wellness and Health Promotion
- Factors that Promote Wellness
- Health Behavior Change
- Examples of Wellness Programs

Assigned Reading

- **Functional Performance – Chapters 14 &18**

Additional Reading

- Key Provisions of State Laws Pertaining to Older Driver Licensing Requirements - National Highway Traffic Safety Administration
- How to Understand & Influence Older Drivers - National Highway Traffic Safety Administration
- [Module 1: Functional Abilities and Safe Driving \(Links to an external site.\)](#) - Kathy Lococo; Renee Tyree, PharmD - Medscape Education
- [Exercise Behavior in Older Adults: A Test of the Transtheoretical Model](#)   - Corjena Cheung, Jean Wyman, Cynthia Gross, Jennifer Peters, Mary Findorff, and Holly Stock - Journal of Aging and Physical Activity
- [Healthy Aging Summit - Summary of Proceedings](#)   - healthypeople.gov - lengthy but very good state-of-the-elder report

Presentation Lectures

[Staying Physically Active - Research on Aging \(Links to an external site.\)](#)

Jacqueline Kerr, PhD - University of California Television

[Healthy Aging Webinar: Physical Activity and Quality of Life \(Links to an external site.\)](#)

Association of State and Territorial Health Officials and the National Physical Activity Society - time: 56.51

Conference Session

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Case Study Assignment

Case Study Assessment Report is due by Friday, March 11 by 5:00 pm EST. Please attach your assignment to an email to the instructor. Please email the instructor should you encounter difficulties.

Online Content

[National Center on Senior Transportation \(Links to an external site.\)](#) - seniortransportation.net - click **close** to access the website

[Physical Activity Promotion among the Elderly \(Links to an external site.\)](#)

Clemson University - a funny skit put on by students

[National Prevention Strategy \(Links to an external site.\)](#) - CDC - lots of good resources

Week 11: Health and Well-Being of Older Veterans, Preparing for Emergencies

March 14- March 20

Topics

- Dementia Risk Factors in Veterans
- Supporting Veterans and Their Families
- VA Disability Benefits
- The Claims Process
- Preparing your Agency for Emergencies
- Preparing your Clients for Emergencies

Assigned Reading

- [Handbook of GCM - Chapters 12 & 20](#)

Additional Reading

- [Alzheimer's Disease prevalence, costs, and prevention for military personnel and veterans \(Links to an external site.\)](#)- Leslie Sibener, Ibrahim Zaganjor, Heather M. Snyder, Lisa J. Bain, Robert Egge, and Maria C. Carrillo - ScienceDirect
- [Lifestyle and health-related risk factors and risk of cognitive aging among older veterans \(Links to an external site.\)](#) - Kristine Yaffee, Tina D. Hoang, Amy L. Byers, Deborah E. Barnes, and Karl E. Friedl - ScienceDirect
- [Summary of VA Benefits \(Links to an external site.\)](#) - benefits.va.gov
- [Identifying Vulnerable Older Adults and Legal Options for Increasing Their Protection During All-Hazards Emergencies \(Links to an external site.\)](#)- CDC.gov

Presentation Lectures

[Patient-Centered Alternatives to Institutional Extended Care \(Links to an external site.\)](#) - va.gov

[How to File for VA Disability Benefits \(Links to an external site.\)](#)

Veterans Law Clinic

[Disaster Preparedness For Seniors \(Links to an external site.\)](#)

Conference Session

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Online Content

[U.S. Senior Vets \(Links to an external site.\)](#)

[Veterans Support Foundation \(Links to an external site.\)](#) - vsf-usa.org

[Veterans Law Clinic \(Links to an external site.\)](#) - veteranslawclinic.org

[VA YouTube Page \(Links to an external site.\)](#) - U.S. Department of Veterans Affairs - many YouTube video resources

[Veterans Choice Program \(Links to an external site.\)](#) - VA.gov

[Personal Preparedness for Older Adults & Their Caregivers \(Links to an external site.\)](#) - CDC.gov - excellent resources listed

Next Week: Reading, Presentations, Conference, [Fourth Discussion Topic \(PowerPoint\) Due](#)

[Monday](#)

[Home - Course Materials](#)

Week 12: Interactions and Relationships, End of Life March 21 - March 27

Topics

- Culture and Family
- Spousal Relationships and Widowhood
- Grandparenting
- Therapeutic Relationships
- Models of Family Care
- Addressing Family Issues
- Older People and Terminal Illness
- A Good Death
- The Palliative Care Approach

Assigned Reading

- **Functional Performance – Chapters 15 & 26**

Additional Reading

- [Seven Keys to a Good Death \(Links to an external site.\)](#) - Charles Garfield - Greater Good
- [End of Life: Helping With Comfort and Care \(Links to an external site.\)](#) - National Institute on Aging
- [End-of-Life Treatment Preferences Among Older Adults: An Assessment of Psychosocial Influences \(Links to an external site.\)](#) - Deborah Carr and Sara M. Moorman - **Start reading at the Discussion Section**

Presentation Lectures

[BJ Miller: What really matters at the end of life \(Links to an external site.\)](#) - BJ Miller
[Hospice Care \(Links to an external site.\)](#)

University of California Television - Very good overview of Hospice services

[Spiritual Comfort at the End of Life \(Links to an external site.\)](#)

Hospice of Red River Valley

[Good Death \(Links to an external site.\)](#)

Joel Engardio

[New guidelines may encourage end-of-life discussions \(Links to an external site.\)](#)

Lynn Sherr - PBS NewsHour

Discussion Forum

Please click [Week 12 - Fourth Discussion Forum](#). Read and respond to the topic or questions provided. **Initial responses are due by Wednesday, March 23 at 7:00pm EST.** Comments to other posts continue through Sunday evening. Please refer to your Discussions Forum section in your syllabus for suggestions for appropriate responses. **This is a graded Discussion Forum.**

Conference Session

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Online Content

[Hospice Tuscany House](#) [Click to view](#) - Overview of a local Hospice House and their services
[A Good Goodbye \(Links to an external site.\)](#)

Gail Ruben - TEDxABQ

Next Week: Reading, Presentations, Conference, Additional Resources [Final Open Book Quiz](#)

[Next](#)

Week 13: Quiz, Additional Resources March 28 - April 3

Topics

- Credentialing
- HIPAA and Privacy

Additional Reading

- [Summary of the HIPAA Privacy Rule \(Links to an external site.\)](#) - HHS.gov - Rights and responsibilities
- [What Is Professional Certification? \(Links to an external site.\)](#) - adulated.about.com

Presentations

[Credentialing: What is It and Why is It Important? \(Links to an external site.\)](#)

CredentialingExc

On Line Content

[Aging Life Care Association \(Links to an external site.\)](#) (ALCA)

[International Commission on Health Care Certification \(Links to an external site.\)](#) (ICCHC)

Final Open Book Quiz

Quiz will be available starting **Monday February 8** and conclude on **Sunday February 16 at midnight**. You will have **45 minutes** to answer **15 multiple choice questions**. Click on [Final Quiz](#) to access the quiz.

Recommended Readings:

- Kassner , E **Comparing long-term care insurance policies: bewildering choices for consumers.** (Journal Article) . *PPI In Brief* No. 125 (May 2006), 1-2 (2 pp.)
- Kassner, E.**Long-term care insurance partnership programs.** (Journal Article) . *PPI Fact Sheet* No. 124 (Mar 2006), 1-2 (2 pp.)
- **Public's views on long-term care: Kaiser health poll report, May/June 2005.** (Book) Henry J. Kaiser Family Foundation. Henry J. Kaiser Family Foundation, Menlo Park, CA (Jun 2005), 18 pp.
- Johnson, R & Uccello, C **Is private long-term care insurance the answer?.** (Book) Boston College. Center for Retirement Research. Center for Retirement Research at Boston College, Chestnut Hill, MA (Mar 2005), 8 pp
- Scharlack, A. et al.**Assuring the quality of long-term care insurance benefits through care management: the California Partnership for Long-Term Care.** (Journal Article). *Journal of Aging and Social Policy* Vol. 17 No. 3 (2005), 39-59 (21 pp.)
- Locher, J. , et al **Patterns and predictors of home health and hospice use by older adults with cancer.** (Journal). *Journal of the American Geriatrics Society* Vol. 54 No. 8 (Aug 2006), 1206-1211 (6 pp.)
- Schroepfer, T **Mind frames toward dying and factors motivating their adoption by terminally ill elders.** (Journal Article) *Journals of Gerontology: Series B: Psychological Sciences and Social Sciences* Vol. 61B No. 3 (May 2006), S129-S139 (11 pp.)
- Neigh, J. **Medicare hospice benefit needs to be updated...not cut.** (Journal Article). *Caring* Vol. 25 No. 3 (March 2006), 47-51 (5 pp.)
- Vig, E. et al **How do surrogate decision makers describe hospice? Does it matter?** (Journal Article) *American Journal of Hospice and Palliative Medicine* Vol. 23 No. 2 (Mar-Apr 2006), 91-99 (9 pp.)
- Duggleby, W & Popkin, D **Effective physician-patient communication at the end of life: what patients want to hear and how to say it.** (Journal Article) . *Geriatrics and Aging* Vol. 9 No. 2 (Feb 2006), 129-132 (4 pp.)
- Duffy S. et al **Racial/ethnic preferences, sex preferences, and perceived discrimination related to end-of-life care.** (Journal Article). *Journal of the American Geriatrics Society* Vol. 54 No. 1 (Jan 2006), 150-157 (8 pp.)

- Malakoff, M. **Palliative care/physician-assisted dying: alternative or continuing care?**. (Journal Article) . *Care Management Journals* Vol. 7 No. 1 (Spring 2006), 41-44 (4 pp.)
- Pillemer, K & Suitor, J **Making choices: a within-family study of caregiver selection.** (Journal Article). *Gerontologist* Vol. 46 No. 4 (Aug 2006), 439-448 (10 pp.)
- Marziah, E. et al **Persistent family concerns in long-term care settings: meaning and management.** (Journal Article) *Journal of the American Medical Directors Association* Vol. 7 No. 3 (Mar 2006), 154-162 (9 pp.)
- Mitrani, V. et al **Role of family functioning in the stress process of dementia caregivers: a structural family framework.** (Journal Article) *Gerontologist* Vol. 46 No. 1 (Feb 2006), 97-105 (9 pp.)
- Lum, T. **Understanding the racial and ethnic differences in caregiving arrangements.** (Journal Article) *Journal of Gerontological Social Work* Vol. 45 No. 4 (2005), 3-21 (19 pp.)
- Mouton, C. et al **Multiethnic perspectives on elder mistreatment.** (Journal Article) *Journal of Elder Abuse and Neglect* Vol. 17 No. 2 (2005), 21-44 (24 pp.)
- England, M & Tripp-Reimer, T. **Imminent concerns of filial caregivers reporting recent experiences of crisis.** (Journal Article) *International Journal of Aging and Human Development* Vol. 56 No. 1 (2003), 67-88 (22 pp.)
- Opiela, N **Designing the ideal long-term care policy.** (Journal Article) *Journal of Financial Planning* Vol. 19 No. 5 (May 2006), 24-26+ (7 pp.)
- Jahnke, W. **Financial planning implications of an aging population and budget deficits.** (Journal Article) . *Journal of Financial Planning* Vol. 19 No. 2 (Feb 2006), 40-41 (2 pp.)
- Mason, R. et al **Estimating the Social Security windfall elimination provision's impact on clients.** (Journal Article) *Journal of Financial Planning* Vol. 18 No. 12 (Dec 2005), 52-54+ (7 pp.)
- Gallo, J. **Estate planning conundrums worth repeating.** (Journal Article) *Journal of Financial Planning* Vol. 18 No. 8 (Aug 2005), 30-31 (2 pp.)
- Gordon, H. **Financial planners risk lawsuits for failing to recommend realistic plans for long-term care.** (Journal Article) . *Journal of Financial Planning* Vol. 18 No.8 (Aug 2005), 50-54 (5 pp.)
- Lee, L. & Kunz, A **Love those boomers.** (Journal Article) (Illus.). *Business Week* No. 3956 (Oct 24, 2005), 94+ (6 pp.)
- Fitzgerald, S. **Senior market.** (Journal Article) . *Assisted Living Executive* Vol. 12 No. 6 (Jul-Aug 2005), 23+ (4 pp.)

- Sharit, J. et al **Cost - benefit analysis methodology for assessing product adoption by older user populations.** (Journal Article) *Applied Ergonomics* Vol. 35 No. 2 (Mar 2004), 81-92 (12 pp.)
- Fung, H & Carstensen, L **Sending memorable messages to the old: age differences in preferences and memory for advertisements.** (Journal Article) *Journal of Personality and Social Psychology* Vol. 85 No. 1 (2003), 163-178 (16 pp.)