Course Overview

This course will provide the student with the basic elements and procedures for conducting a comprehensive geriatric assessment and care plan report. The content of the course will cover the fundamentals of a psychosocial assessment, presenting problem, general background and history information, diagnosis and medications, and functional abilities. Emphasis is placed on analyzing a provided case study, determining needed additional information, and incorporating that information into a cohesive written report. Additionally, the students will be required to write an initial care plan based on the assessment and information-gathering process that logically follows potential concerns discovered during the analysis and discussion of the provided case study.

Course Objectives

1. Understand ethical dilemmas, confidentiality, and protected health information facing geriatric care managers;
2. Recognize psychosocial and functional deficits;
3. Evaluate and administer screening tools, assessments, and the need for clarification and additional resources;
4. Identify the steps associated with the geriatric assessment process;
5. Describe various interventions appropriate for care planning with geriatric clients;
6. Discuss how GCM’s can improve holistic quality of life for the clients they serve;
7. Summarize methods for analyzing assessment results and prioritizing client needs;
8. Understand the elements of an initial care plan and the need for changes and modifications as an ongoing process.

Required Textbooks


Course Participation – Discussion Forums 40 Points (Four Discussions - 10 points each)

The course Discussion Forum provides a venue to increase interaction and is used to replicate a traditional class (face to face) discussion. Students are expected to participate in four mandatory (asynchronous) Discussion Forums for which there will be an initial question(s) or topic posted on the Discussion Forum by the course instructor for each week. Students are required to review all four Discussion Forums as they are presented. Students then should post their initial response to the forum discussion topic for the assigned week by Wednesday, 7:00 pm EST of the week indicated on the course syllabus schedule (see below). Once you have posted your initial response to the opening question, you should then proceed to review the postings of your classmates and to respond to the postings of your classmates, just as you would in a traditional (face to face) class discussion. During the week, you should monitor the Discussion Forum in order to respond to the postings of the course instructor and your classmates. All responses to the discussion question among students will close on Sunday, 7:00 pm EST of the same week indicated on the course schedule (see below). Each of the four Discussion Forum questions/topics are worth a maximum of 10 points per Discussion Forum for a total of 40 points. Discussion responses will be based on content, creativity, flow of ideas, personal or professional experiences (if any), and responses relative to the topic.

Note: Assessment of full participation will entail your instructor’s evaluation of both quality (subjective) and quantity (objective):

Quality: Posts must reflect thoughtful consideration of the material assigned as well as thoughtful responses to others’ postings that extend or expand on the conversation.

Quantity: Credit for full participation will be awarded to those who post both an individual response and subsequently respond to others’ postings in a timely manner. Concise postings are appreciated.

Conference Sessions

Conference Sessions will be available every Sunday evening from 7 to 8 pm EST. There is a weekly sign-in discussion board for those who are interested in participating. Please sign-up by the Friday for the week you wish to join by 7 pm EST. The Conference Sessions are not mandatory nor do they constitute any part of your grade. Conference Sessions are available to you in a “real time” venue and provides additional resources as part of your weekly educational materials. It is recommended that you check the Announcements frequently for changes, guest speakers, or topics of interest to the Conference Session schedule. Conference Sessions provide the individual the occasion to interact with colleagues to, pursue points of views, present ideas, ask questions, comment on weekly topic, discuss current events, and generally participate in a live, interactive group discussion. Conference Sessions use both audio and video formats and may be recorded for future reference and viewing during this course.
The student is required to do a formal interview of a person who is directly associated with an intake or assessment process involving some type of intake, functional, cognitive, and/or psychosocial assessment process. Potential interviewees might include rehab directors in an outpatient, inpatient, or home health setting, Case Managers and Social Workers in hospitals or any health care facility, Guardians, individuals in private practice or as consultants, Alzheimer’s or Hospice affiliates, or anyone who does assessments in the realm of functional, medical, or psychosocial areas. More information and guidelines for the paper can be found on the Home - Course Materials Page of the course website. Due on the date listed on the syllabus.

Case Study Analysis (Option 1 or 2)  Client Assessment and Care Plan  20 Points

For the purpose of this assignment students will analyze one of two case studies and develop a client assessment and care plan narrative report. The Case Studies and a detailed description and guidelines for what is to be included in your assessment is available on the course website Home - Course Materials Page. Due on the date listed on the syllabus.

A power point presentation of your assessment and care plan will be presented in the fourth Discussion Forum. An example PowerPoint presentation will be provided for you on the Home - Course Materials Page on the website.

Two Open Book Quizzes  15 Points Each

There will be two open book quizzes. First quiz will be all the material covered through week five of the course. The Final quiz will cover all the material starting with week six and continuing through week 12. Each quiz consists of 15 multiple choice questions and you will have 45 minutes to complete the quiz. Once your 45 minutes are up, you will not be able to change any responses and the quiz automatically closes. You will have one opportunity to complete each quiz and you should use your textbooks as references and sources. The quiz dates are listed in your syllabus. Please go to the Assessments section of the course website. Quizzes will only be available during the time frame listed on your syllabus.
Grading Scale

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<thead>
<tr>
<th>Course Points</th>
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<tbody>
<tr>
<td>A (93 - 100)</td>
<td>C (73 - 77)</td>
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<tr>
<td>A- (90 - 92)</td>
<td>C- (70 - 72)</td>
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<tr>
<td>B+ (88 - 89)</td>
<td>D+ (68 - 69)</td>
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<td>B (83 - 87)</td>
<td>D (63 - 67)</td>
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<td>D- (60 - 62)</td>
</tr>
<tr>
<td>C+ (78 - 79)</td>
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**Student Support Services**

As a student in a distance learning course or program, you have access to the same student support services that on-campus students have.

- For course content questions, please consult your instructor.
- For any technical issues you encounter with your course, please contact the UF Computing Help Desk at (352) 392-4357 (392-HELP). Be prepared to give your name, Gatorlink ID and student number as well as the course number and section (1001).
- For Help Desk hours, visit [http://helpdesk.ufl.edu](http://helpdesk.ufl.edu)
- For a list of additional student support services, links, and information, please visit: [http://www.distance.ufl.edu/student-services](http://www.distance.ufl.edu/student-services).

**Special Accommodations**

Students requesting disability related academic accommodations must first register with the Disability Resource Office. Contact information for this office may be found at [http://www.dso.ufl.edu/drc](http://www.dso.ufl.edu/drc). The Disability Resource Center office will provide documentation to the student, who must then provide this documentation to the instructor when requesting accommodation. Students should plan on contacting the DRC prior to any perceived need for accommodation—i.e., at or before the beginning of the term.

**Complaints**

Should you have any complaints with your experience in this course, please visit [http://www.distance.ufl.edu/student-complaints](http://www.distance.ufl.edu/student-complaints) to submit a complaint.

**Academic Integrity**

Please review the University’s honor code at the following website: [http://www.dso.ufl.edu/judicial/honorcode.php](http://www.dso.ufl.edu/judicial/honorcode.php)
Copyright Information

Please also review the use of copyrighted materials, which can be found on the Health Science Center Library’s web page: http://www.library.health.ufl.edu/services/copyright.htm

Make-up Exams or Other Work Policy

Students are expected to submit a written request to the instructor for any work not completed.

Accommodation Policy

Students requesting classroom accommodation must first register with the Dean of Students’ Office, 202 Peabody Hall, and 392-1261. The DSO will provide documentation to the student who must then provide this documentation to the instructor.

NOTE: The videos and information obtained from outside sources, i.e. internet, does not in any way reflect the opinion of this University or with any associated with this course. The University does not endorse or promote any products or services as related to the information provided in external videos. Discretion is advised and caution suggested when engaging in any activity or inquiries beyond viewing the videos. Should you have questions, please email the instructor for the course.

Course Schedule

Week 1: History of Geriatric Care Management, Ethics of Care Management, Theories of Aging Jan 4 - Jan 10

Topics

- History of Geriatric Care Management
- The Birth of Geriatric Care Management Organizations
- Academic Programs in Geriatric Care Management
- What is an Ethical Dilemma?
- Ethical Conflict Regarding Client Exploitation
- Ethical Conflicts Between the Client's Needs and the Client's Wants
- Conflicts around Confidentiality and Disclosure
- Analyzing Ethical Dilemmas
- How to Resolve Ethical Dilemmas
- Biological Theories of Aging
- Psychological Theories of Aging
- Sociological Theories of Aging

**Assigned Reading**

- Handbook of GCM - Chapters 1 & 2
- Functional Performance – Chapters 2

**Additional Reading**

- Modern Biological Theories of Aging (Links to an external site.) - Kunlin Jin
- Standards of Practice and Code of Ethics (Links to an external site.) - Aging Life Care Association
- Ethics of Care: Guiding the Treatment of Dementia in the 21st Century (Links to an external site.) - Elijah Wolfson - Huff Post Healthy Living

**Presentation Lecture**

Ethics & Aging GERO 543 (Links to an external site.) I believe this was part of a Ethics class at USC

Theories of Aging: Structural-Functional, Symbolic-Interaction & Social-Conflict (Links to an external site.) Aging in Society

**Discussion Forum**

Please click on Week - 1 Discussion forum "Welcome" and provide a brief summary as to how you became interested and involved in aging and adult services. This is not a graded discussion.

**Conference Session**

Welcome and Orientation Conference - Thursday, January 7, from 7 to 8 pm. We will review the syllabus, course content, assignments, due dates, required participation, Canvas navigation and any questions or issues regarding the course. Please click the Conferences button and proceed to Week 1- Welcome Conference and follow the directions to join.

**Online Content**

End of Life Care: Debate Video (Links to an external site.)
FORA.tv

Life and Death in Assisted Living (Links to an external site.) - FRONTLINE
Next Week: Reading, Presentations, Discussion Forum, Conference

Home - Course Materials

Week 2: Ethnic and Cultural Considerations, Ethnicity, Aging, and Health  Jan 11 - Jan 17

Topics

- Our Ethnogeriatric Imperative
- Acculturation and Assimilation
- Cohort History
- Family Value Systems in Ethnic Communities
- Ethnicity, Aging, and Health
- Barriers to Services and Programs
- Introduction to Assessment and Plan of Care Forms
- Culture and Occupation
- Culture and the Interventions

Assigned Reading

- Handbook of GCM - Chapter 6
- Functional Performance – Chapter 23

Additional Reading

- Race, Ethnicity, Culture, and Disparities in Health care (Links to an external site.) - Leonard E Egede, MD, MS - Society of General Internal Medicine
- 2014 National Healthcare Quality and Disparities Report (Links to an external site.) - Agency for Healthcare Research and Quality
- Equity and Social Determinants of Health Among Older Adults (Links to an external site.) - American Society on Aging
- Understanding Culture and Diversity in Building Communities (Links to an external site.) - Community Tool Box (I think this is a great site to explore. Lots of thing to do here)

Presentation Lectures

Audio PowerPoint Lecture - Cultural Competence
Lecture Slide Notes - Demographic Structure of Society - Race and Ethnicity (Links to an external site.)
Discussion Forum

Please click Week 2 - First Discussion Forum. Read and respond to the topic or questions provided. Initial responses are due by Wednesday, January 13 at 7:00pm EST. Comments to other posts continue through Sunday evening. Please refer to your Discussions Forum section in your syllabus for suggestions for appropriate responses. This is a graded Discussion Forum.

Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in your overall grade. Conference will be held on Sunday, January 17 from 7 to 8 pm EST. Click on the Conferences button on the left and click on Week 2 Conference. Follow the directions to join. Click Weekly Conference Sign-in Schedule to choose the weeks you wish to participate.

Online Content

Cultural Differences (Links to an external site.) - National Geographic
Understanding and Respecting Others (Links to an external site.)
Whoyouwant2be.org

Next Week: Reading, Presentations, Conference

Week 3: Dementia, Cognitive Changes in Aging   Jan 18 - Jan 24

Topics

- Cognitive Changes in Normal Aging
- Cognition and Activities in Normal Aging
- Dementia
- Common Types of Dementia
- Diagnosing Dementia
- Stages of Dementia
- Defining and Measuring the Impact and Role of Assessment of Occupational and Social Functioning
Assigned Reading

- Functional Performance – Chapters 7 & 9

Additional Reading

- Cognitive assessment in the elderly: a review of clinical methods (Links to an external site.) - H.J. Woodford, J. George - QJM. A very good summary of the different types of cognitive screening instruments. This article goes into more detail about individual tests and the strengths and weaknesses of each cognitive assessment.

- Cognitive Changes With Aging (Links to an external site.) - Boston University School of Public Health - click on the next page for more reading

- Disease Progression: The 5 Stages of Dementia (Links to an external site.) - Mary Ellen Ellis - Healthline

- Clinical Dementia Rating (Links to an external site.) - Alzheimer’s Diseases Research Center - Both a questionnaire to a family member, caregiver, or someone who knows the person well, and a cognitive screen for the individual - a good instrument

Presentation Lectures

Cognitive Changes and Aging (Links to an external site.) - Kerstin Palombaro, PT, PhD, CAPS - Present.me 2011 - 2015

What is normal cognitive aging? (Links to an external site.)
Dr. Louis Bherer - 49 minutes. Somewhat clinical information

Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in your overall grade. Conference will be held on Sunday, January 24 from 7 to 8 pm EST. Click on the Conferences button on the left and click on Week 3 Conference. Follow the directions to join. Click Weekly Conference Sign-in Schedule to choose the weeks you wish to participate.

Online Content

Health Care Professionals and Alzheimer's (Links to an external site.)- Alz.org
Mild Cognitive Impairment - Ten Years Later (Links to an external site.) Mayo Clinic
Depression and Alzheimer's (Links to an external site.) First author Laura B. Zahodne, PhD - Columbia Medical
**Next Week:**  Reading, Presentations, Conference  

**Home - Course Materials**

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**Week 4:** Depression, Treatment of Depression, Substance Abuse, Changing Realm of the Senses, Sexuality and Aging  
Jan 25 - Jan 31

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**Topics**

- Depression
- Depression and Functional Status
- Treatment of Depression
- Substance Abuse
- Vision and Functional Performance
- Hearing and Functional Performance
- Taste and Smell: Physical Changes and Functional Performance
- Sex and the Elderly Population
- Age-Related Physical Changes and Sexual Functioning
- Effects of Disease on Sexuality
- Factors Affecting Sexuality

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**Assigned Reading**

- Handbook of GCM - Chapter 21
- Functional Performance – Chapters 5, 10, & 16

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**Additional Reading**

- [Depression (Major Depressive Disorder)](Links to an external site.) - Mayo Clinic
- [Physical Functioning, Perceived Disability, and Depressive Symptoms in Adults with Arthritis](Links to an external site.) - Copyright © 2013 Katie Becofsky et al.
- [Fact Sheet - Mental Health and the Aging](Links to an external site.) - The National Center for Health and the Aging
- [Betrayed By Our Bodies — Sensory Loss in Aging](Links to an external site.) - By Dan Orzech - Social Work Today
- [Sexuality in Later Life](Links to an external site.) - NIA

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**Presentation Lecture**

[Substance Abuse Among Older Adults](Links to an external site.) - Center for Substance Abuse Treatment. Substance Abuse and Mental Health Services Administration
Discussion Forum

Please click **Week 4 - Second Discussion Forum**. Read and respond to the topic or questions provided. Initial responses are due by Wednesday, January 27 at 7:00pm EST. Comments to other posts continue through Sunday evening. Please refer to your *Discussions Forum section in your syllabus* for suggestions for appropriate responses. *This is a graded Discussion Forum.*

Conference Session

Conferences are provided as an interactive and engaging learning experience. **Conference** for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the **Conference** is not mandatory and does not count in your overall grade. **Conference will be held on Sunday, January 31 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 4 Conference**. Follow the directions to join. Click **Weekly Conference Sign-in Schedule** to choose the weeks you wish to participate.

Online Content

**Rethinking How We Understand and Treat Depression: Charles Raison at TEDxTucsonSalon (Links to an external site.)**
Dr. Charles Raison - TEDX Talks

**Elderly Substance Abuse PSA (Links to an external site.)**
Anthony Diaz

**Hot Topic - The Ethics of Sexuality and Aging (Links to an external site.)**
mmlearn.org

Next Week: Readings, Presentations, Conference  Home - Course Materials
Week 5: Cognitive, Psychological, Psychosocial, Economic, and Legal Assessment, Substance Abuse, Evaluations  Feb 1 - Feb 7

Topics

- Cognitive Assessment
- Psychosocial Assessment
- Psychological Assessment
- Capacity
- Social Support
- Elder Mistreatment
- Economic and Legal Assessment
- Substance Abuse
- The Meaning of Evaluation
- Evaluation Realities
- A Conceptual Framework for Evaluation of Performance with Older Adults
- Evaluation Methods
- Understanding Religion and Spirituality
- Aging, Spirituality and Religion
- Working with Clients from Unfamiliar Religious Traditions
- Integrating the Whole Person

Assigned Reading

- Handbook of GCM – Chapters 3 & 8
- Functional Performance – Chapter 17

Additional Reading

- Psychosocial Interview - A Guide - Dr Leesa Morrow - 10 very good points to consider when doing client interviews
- Seniors Who Live Alone Least Likely to Undergo Dementia Assessment (Links to an external site.) - Janice Wood - PsychCentral
- What is Psychological Assessment? (Links to an external site.) - Jane Framingham, Ph. D. - PsychCentral
- Financial Capacity in an Aging Society (Links to an external site.) - Daniel C. Marson and Charles P. Sabatino - Journal of the American Society on Aging
- Religion and Spirituality in the Elderly (Links to an external site.) - Daniel B. Kaplan, PhD, MSW, Barbara J. Berkman, DSW, PhD - Merckmanuals.com
Presentation Lecture

Mental Capacity Assessment (Links to an external site.) Healthy North Coast - I think this is a good, straight-forward presentation on understanding what is capacity
Geriatrics-Competent Care: Geriatric Assessment (Links to an external site.) ResourcesforIntegratedCare - Good overview of the assessment process - 1hr, 15 minutes

Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in your overall grade. Conference will be held on Sunday, February 7 from 7 to 8 pm EST. Click on the Conferences button on the left and click on Week 5 Conference. Follow the directions to join. Click Weekly Conference Sign-in Schedule to choose the weeks you wish to participate.

Online Content

Issues of Faith: Spirituality of Aging Pt. 1 (Links to an external site.) NewsChannel 5
Issues of Faith: Spirituality of Aging Pt. 2 (Links to an external site.) NewsChannel 5

Next Week: Readings, Presentations, Conference, Medical, Functional or Psychosocial Interview

Assignment Due Monday, Feb 8 - Open Book Quiz Home - Course Materials

Week 6: Activities of Daily Living, Ambulation and Mobility, Measuring IADLs, Sleep, Defining Self-Care Feb 8 - Feb 14

Topics

- Measuring Activities of Daily Living
- Ambulation and Mobility
- Measuring Instrumental Activities of Daily Living
- Sensory Loss
- Sleep
• Home Environment Assessment
• Age-Related Changes in the Cardiopulmonary and Cardiovascular Systems
• Functional Consequences of Fitness in Older People
• Defining Self-Care
• Measuring Self-Care Performance
• Activities of Daily Living Among Elderly Persons
• Activities of Daily Living Intervention
• Assistive Devices for Self-Care

Assigned Reading

• Handbook of GCM - Chapter 4
• Functional Performance – Chapters 4 & 11

Additional Reading

• The Patients Capacity for Self-Care. Advocating for a Predischarge Assessment (Links to an external site.) - JoAnn Grif Alspach, RN, MSN, Ed.D - CriticalCareNurse
• Taking Action to Prevent Falls: A Home Environmental Assessment (Links to an external site.) - stopfalls.org - Another good home safety assessment
• GEM Environmental Assessment (Links to an external site.) - Rosemary Bakker, MS, ASID - cornellEG.org - another good one to review
• Immobility Ambulation (Links to an external site.) - American Academy of Nursing
  • Defining Community Ambulation From the Perspective of the Older Adult - Cynthia J. Brown, MD, MSPH; Christy Bradberry, DPT ; Shalaney Green Howze, DPT ; Lindsay Hickman, DPT ; Heather Ray, DPT ; Claire Peel, PhD, PT, FAPTA - Journal of Geriatric Physical Therapy - This article has great implications for community-living older adults

Presentation Lectures

The Lawton Instrumental Activities of Daily Living Scale [IADL] (Links to an external site.)
Hartford Institute for Geriatric Nursing - very good presentation and much in the interest for a GCM

Functional Assessment - very long - Lecture Slide Notes

KATZ Index of Independence in Activities of Daily Living [ADL] (Links to an external site.)
Hartford Institute for Geriatric Nursing

Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in
your overall grade. **Conference will be held on Sunday, February 14 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 6 Conference**. Follow the directions to join. Click **Weekly Conference Sign-in Schedule** to chose the weeks you wish to participate.

**Online Content**

[Taking Steps to Prevent Falling Head Over Heels](#) - AARP

**Sleep and Sleep Disorders in the Older Adult - Research on Aging (Links to an external site.)**

Jose S. Loredo, MD - University of California Television [Video: Preventing Falls in the Elderly (Links to an external site.)](#)

**Assignment**

*Functional, Medical, or Psychosocial Assessment Report is due Wednesday, February 10 at 5:00 pm EST. Please attach your report to an email to the instructor. Please email the instructor should you have any questions or concerns.*

**Mid-Term Open Book Quiz**

*Quiz will be available starting **Monday February 8** and conclude on **Sunday February 16 at midnight**. You will have **45 minutes** to answer **15 multiple choice questions**. Click on **Mid-term Quiz** to access the quiz.*

**Next Week: Reading, Presentations, Conference**

**Week 7: Goals of a Geriatric Assessment, Care Plan, Care Plan Monitoring, Fall Risk, Fall Assessment, Age-Related Changes**

Feb 15 - Feb 21

**Topics**

- Goals of a Geriatric Assessment
- Care Plan
- Interventions in the Care Plan
- Care Monitoring: Updating Your Care Plan
- Writing a Geriatric Assessment and Care Plan
- Evaluating the Geriatric Assessment
- Classification of Functioning, Disability, and Health, the Neuromusculoskeletal System
- Movement and Function in Older Adults
- Causes of Falling
- Age-Related Physiological Changes
• Environmental Factors
• Clinical Assessment and Intervention
• Fall Assessment
• Fall Risk Assessment

Assigned Reading

• Handbook of GCM - Chapter 5
• Functional Performance Chapters 6 & 8

Additional Reading

• Geriatric Assessment Tools (Links to an external site.) - Sonja L. Rosen, MD and David B. Reuben, MD - Mount Sinai Journal of Medicine - addresses many issues for the GCM in assessments
• Home Safety Caregiver Checklist - AARP.org
• Interdisciplinary Care Planning: Leading to Healthy Transitions (Links to an external site.) - James J. Peter - Mount Sinai School of Medicine
• Aging and Preventive Health (Links to an external site.) - Ronan Factora, MD - Cleveland Clinic

Presentation Lectures

MNA Mini Nutritional Assessment (Links to an external site.) Nestle Nutritional Institute
Guide to MNA Mini Nutritional Assessment (Links to an external site.) - Nestle Nutritional Institute
MNA Form (Links to an external site.) - Nestle Nutritional Institute
Falls in Older Adults (Links to an external site.) University of California Television
Care Planning - A very long presentation - Lecture Slide Notes

Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in your overall grade. Conference will be held on Sunday, February 21 from 7 to 8 pm EST. Click on the Conferences button on the left and click on Week 7 Conference. Follow the directions to join. Click Weekly Conference Sign-in Schedule to chose the weeks you wish to participate.

Online Content

Video: Wheelchair to Car Instructional Video (Links to an external site.)
Debunking the Myths of Older Adult Falls (Links to an external site.) National Center for Health in Public Housing and the National Council on Aging
Week 8: Late-Life Relocation, Assessing the Family Caregiver, Community Based Services, Home Health  Feb 22 - Feb 28

Topics

- The Meaning of Home
- Push to Move, Pull to Move
- Involving Families in the Decision to Move the Elderly Person
- Living in the Community at Large
- Moving a Person with Memory Loss
- Assessing the Caregiver
- Community Based Service Growth, Classifications, and Service Utilization
- History of Home Health Care
- Home-Health-Care Agencies
- Payment for Home-Health-Care Services

Assigned Reading

- Handbook of GCM - Chapters 7 & 9
- Functional Performance – Chapters 19 & 20

Additional Reading

- Prevent Elder Transfer Trauma: Tips to Ease Relocation Stress (Links to an external site.) - Kate Jackson - Social Work Today
- On the Environmental Factors that Alleviate Relocation Stress Syndrome in Residents of Long term Care Facilities (Links to an external site.) - Amber Lois Williams - Eastern Michigan University - copy and save this link to review later.
- Moving Elderly Parents Into Your Home (Links to an external site.) - Mard Naman - Caring.com

Presentation Lectures

Friday, October 09, 2015: Home and Community-Based Services (Links to an external site.)
In my opinion, the future of health care for older adults. Well worth watching.
Home Health Care - Current Trends (Links to an external site.)
Richard H. Fortinsky, MD - detailed presentation on Home Health Care operations

Discussion Forum

Please click Week 8 - Third Discussion Forum. Read and respond to the topic or questions provided. Initial responses are due by Wednesday, February 24 at 7:00pm EST. Comments to other posts continue through Sunday evening. Please refer to your Discussions Forum section in your syllabus for suggestions for appropriate responses. This is a graded Discussion Forum.

Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in your overall grade. Conference will be held on Sunday, February 28 from 7 to 8 pm EST. Click on the Conferences button on the left and click on Week 8 Conference. Follow the directions to join. Click Weekly Conference Sign-in Schedule to chose the weeks you wish to participate.

Online Content

eden project (Links to an external site.)
The Green House Project (Links to an external site.)
SASH Services - Independent vs. Assisted Living (Links to an external site.)
SASH Program

Learn About Home Health Care (Links to an external site.) - homehealthcareagencies.com

Next Week: Reading, Presentations, Conference

Week 9: Technologies for Aging in Place, Products and Technology, Rehabilitation   Feb 29 - March 6

Topics

- Health and Wellness Technologies
• Safety, Security, and Environmental Sensors
• Communication and Social Engagement
• Care Manager in Recommending Technology
• Assessing the Need for Assistive Technology
• Assistive Technology for Older Adults
• Disability Demographics
• The Rehabilitation Team
• Therapy Partnership
• Delivery Systems
• Assessment Instruments
• Personal and Environmental Factors to Consider

Assigned Reading

• Handbook of GCM - Chapter 11
• Functional Performance – Chapters 21 & 24

Additional Reading

• Older Adults and Technology Use (Links to an external site.) - Aaron Smith - PewResearchCenter
• Fostering Independence, Participation, and Healthy Aging Through Technology - Workshop Summary (Links to an external site.) - Tracy A. Lustig and Steve Olsen - Institute of Medicine and National Research Council of the National Academies
• Rehabilitation (Links to an external site.) - Pamela W. Duncan, PhD, Stephanie Studenski, MD, MPH, Barbara deLateur, MD - hopkinsmedicine.org
• Universal Design: A Step toward Successful Aging (Links to an external site.) - Kelly Carr, Patricia L. Weir, Dory Azar, and Nadia R. Azar - Journal of Aging Research

Presentation Lectures

Gerontechnology (Links to an external site.)
Kayla Tolstyka

Appropriate Use of Assistive Devices - Physical Therapy Department (Links to an external site.)
Film and Media Club - University of Michigan - a very good tutorial for the GCM

Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in
your overall grade. **Conference will be held on Sunday, March 6 from 7 to 8 pm EST.** Click on the **Conferences** button on the left and click on **Week 9 Conference**. Follow the directions to join. Click **Weekly Conference Sign-in Schedule** to choose the weeks you wish to participate.

**Online Content**

- **Working Caregiver - Caregiver Check Lists** - workingcaregiver.com
- **In Tech Marketplace, Seniors Are Carving Out A Sizable Niche Of Their Own (Links to an external site.)** - All Things Considered (audio) NPR
- **Assistive Devices for the Elderly (Links to an external site.)**

Care is There Geriatric Care Management - practical recommendations for DME and assistive devices

**Next Week:** Reading, Presentations, Conference, **Case Study Assignment Due March 9**  
- **Course Materials**

**Week 10: Community Mobility, Health Promotion and Wellness** March 7 - March 13

**Topics**

- Driving as an Occupation
- Performance Skills
- Losing the Ability to Drive
- Community Mobility: Some Alternative Solutions
- Defining Wellness and Health Promotion
- Factors that Promote Wellness
- Health Behavior Change
- Examples of Wellness Programs

**Assigned Reading**

- **Functional Performance – Chapters 14 & 18**

**Additional Reading**
• Key Provisions of State Laws Pertaining to Older Driver Licensing Requirements - National Highway Traffic Safety Administration
• How to Understand & Influence Older Drivers - National Highway Traffic Safety Administration
• Module 1: Functional Abilities and Safe Driving (Links to an external site.) - Kathy Lococo; Renee Tyree, PharmD - Medscape Education
• Exercise Behavior in Older Adults: A Test of the Transtheoretical Model - Corjena Cheung, Jean Wyman, Cynthia Gross, Jennifer Peters, Mary Findorff, and Holly Stock - Journal of Aging and Physical Activity
• Healthy Aging Summit - Summary of Proceedings - healthypeople.gov - lengthy but very good state-of-the-elder report

Presentation Lectures

Staying Physically Active - Research on Aging (Links to an external site.)
Jacqueline Kerr, PhD - University of California Television

Healthy Aging Webinar: Physical Activity and Quality of Life (Links to an external site.)
Association of State and Territorial Health Officials and the National Physical Activity Society - time: 56.51

Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week’s course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in your overall grade. Conference will be held on Sunday, March 13 from 7 to 8 pm EST. Click on the Conferences button on the left and click on Week 10 Conference. Follow the directions to join. Click Weekly Conference Sign-in Schedule to chose the weeks you wish to participate.

Case Study Assignment

Case Study Assessment Report is due by Friday, March 11 by 5:00 pm EST. Please attach your assignment to an email to the instructor. Please email the instructor should you encounter difficulties.

Online Content

National Center on Senior Transportation (Links to an external site.) - seniortransportation.net - click close to access the website
Physical Activity Promotion among the Elderly (Links to an external site.)
Clemson University - a funny skit put on by students
National Prevention Strategy (Links to an external site.) - CDC - lots of good resources
Next Week: Reading, Presentations, Conference   Home - Course Materials

Week 11: Health and Well-Being of Older Veterans, Preparing for Emergencies   March 14- March 20

Topics

- Dementia Risk Factors in Veterans
- Supporting Veterans and Their Families
- VA Disability Benefits
- The Claims Process
- Preparing your Agency for Emergencies
- Preparing your Clients for Emergencies

Assigned Reading

- Handbook of GCM - Chapters 12 & 20

Additional Reading

- Alzheimer's Disease prevalence, costs, and prevention for military personnel and veterans (Links to an external site.) - Leslie Sibener, Ibrahim Zaganjor, Heather M. Snyder, Lisa J. Bain, Robert Egge, and Maria C. Carrillo - ScienceDirect
- Lifestyle and health-related risk factors and risk of cognitive aging among older veterans (Links to an external site.) - Kristine Yaffee, Tina D. Hoang, Amy L. Byers, Deborah E. Barnes, and Karl E. Friedl - ScienceDirect
- Summary of VA Benefits (Links to an external site.) - benefits.va.gov
- Identifying Vulnerable Older Adults and Legal Options for Increasing Their Protection During All-Hazards Emergencies (Links to an external site.) - CDC.gov

Presentation Lectures

Patient-Centered Alternatives to Institutional Extended Care (Links to an external site.) - va.gov
How to File for VA Disability Benefits (Links to an external site.)
Veterans Law Clinic
Disaster Preparedness For Seniors (Links to an external site.)
Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week's course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in your overall grade. Conference will be held on Sunday, March 20 from 7 to 8 pm EST. Click on the Conferences button on the left and click on Week 11 Conference. Follow the directions to join. Click Weekly Conference Sign-in Schedule to choose the weeks you wish to participate.

Online Content

U.S. Senior Vets (Links to an external site.)
Veterans Support Foundation (Links to an external site.) - vsf-usa.org
Veterans Law Clinic (Links to an external site.) - veteranslawclinic.org
VA YouTube Page (Links to an external site.) - U.S. Department of Veterans Affairs - many YouTube video resources
Veterans Choice Program (Links to an external site.) - VA.gov
Personal Preparedness for Older Adults & Their Caregivers (Links to an external site.) - CDC.gov - excellent resources listed

Next Week: Reading, Presentations, Conference, Fourth Discussion Topic (PowerPoint) Due

Monday Home - Course Materials

Week 12: Interactions and Relationships, End of Life March 21 - March 27

Topics

- Culture and Family
- Spousal Relationships and Widowhood
- Grandparenting
- Therapeutic Relationships
- Models of Family Care
- Addressing Family Issues
- Older People and Terminal Illness
- A Good Death
- The Palliative Care Approach
Assigned Reading

- Functional Performance – Chapters 15 & 26

Additional Reading

- Seven Keys to a Good Death (Links to an external site.) - Charles Garfield - Greater Good
- End of Life: Helping With Comfort and Care (Links to an external site.) - National Institute on Aging
- End-of-Life Treatment Preferences Among Older Adults: An Assessment of Psychosocial Influences (Links to an external site.) - Deborah Carr and Sara M. Moorman - Start reading at the Discussion Section

Presentation Lectures

BJ Miller: What really matters at the end of life (Links to an external site.) - BJ Miller
Hospice Care (Links to an external site.)
University of California Television - Very good overview of Hospice services

Spiritual Comfort at the End of Life (Links to an external site.)
Hospice of Red River Valley

Good Death (Links to an external site.)
Joel Engardio

New guidelines may encourage end-of-life discussions (Links to an external site.)
Lynn Sherr - PBS NewsHour

Discussion Forum

Please click Week 12 - Fourth Discussion Forum. Read and respond to the topic or questions provided. Initial responses are due by Wednesday, March 23 at 7:00pm EST. Comments to other posts continue through Sunday evening. Please refer to your Discussions Forum section in your syllabus for suggestions for appropriate responses. This is a graded Discussion Forum.

Conference Session

Conferences are provided as an interactive and engaging learning experience. Conference for this week include the week’s course content, topics and interest for discussion, review of the literature, individual interests, etc. Be prepared to discuss the current week's materials and contribute to the conversation with comments and opinions. Attendance in the Conference is not mandatory and does not count in your overall grade. Conference will be held on Sunday, March 27 from 7 to 8 pm EST. Click on the Conferences button on the left and click on Week 12 Conference. Follow the directions to join. Click Weekly Conference Sign-in Schedule to chose the weeks you wish to participate.
Online Content

Hospice Tuscany House® Click to view - Overview of a local Hospice House and their services
A Good Goodbye (Links to an external site.)
Gail Ruben - TEDxABQ

Next Week: Reading, Presentations, Conference, Additional Resources

Quiz

Final Open Book

Week 13: Quiz, Additional Resources March 28 - April 3

Topics

- Credentialing
- HIPAA and Privacy

Additional Reading

- Summary of the HIPAA Privacy Rule (Links to an external site.) - HHS.gov - Rights and responsibilities
- What Is Professional Certification? (Links to an external site.) - adulated.about.com

Presentations

Credentialing: What is It and Why is It Important? (Links to an external site.)
CredentialingExc

On Line Content

Aging Life Care Association (Links to an external site.) (ALCA)
International Commission on Health Care Certification (Links to an external site.) (ICCHC)

Final Open Book Quiz

Quiz will be available starting Monday February 8 and conclude on Sunday February 16 at midnight. You will have 45 minutes to answer 15 multiple choice questions. Click on Final Quiz to access the quiz.
Recommended Readings:

- Kassner, E. *Comparing long-term care insurance policies: bewildering choices for consumers*. (Journal Article) *PPI In Brief* No. 125 (May 2006), 1-2 (2 pp.)

- Kassner, E. *Long-term care insurance partnership programs*. (Journal Article) *PPI Fact Sheet* No. 124 (Mar 2006), 1-2 (2 pp.)


- Johnson, R & Uccello, C *Is private long-term care insurance the answer?.* (Book) Boston College. Center for Retirement Research. Center for Retirement Research at Boston College, Chestnut Hill, MA (Mar 2005), 8 pp


- Schroepfer, T *Mind frames toward dying and factors motivating their adoption by terminally ill elders*. (Journal Article) *Journals of Gerontology: Series B: Psychological Sciences and Social Sciences* Vol. 61B No. 3 (May 2006), S129-S139 (11 pp.)

- Neigh, J. *Medicare hospice benefit needs to be updated...not cut*. (Journal Article) *Caring* Vol. 25 No. 3 (March 2006), 47-51 (5 pp.)


- Duggleby, W & Popkin, D *Effective physician-patient communication at the end of life: what patients want to hear and how to say it*. (Journal Article) *Geriatrics and Aging* Vol. 9 No. 2 (Feb 2006), 129-132 (4 pp.)

• Malakoff, M. Palliative care/physician-assisted dying: alternative or continuing care?. (Journal Article) Care Management Journals Vol. 7 No. 1 (Spring 2006), 41-44 (4 pp.)


• Marziah, E. et al Persistent family concerns in long-term care settings: meaning and management. (Journal Article) Journal of the American Medical Directors Association Vol. 7 No. 3 (Mar 2006), 154-162 (9 pp.)

• Mitrani, V. et al Role of family functioning in the stress process of dementia caregivers: a structural family framework. (Journal Article) Gerontologist Vol. 46 No. 1 (Feb 2006), 97-105 (9 pp.)

• Lum, T. Understanding the racial and ethnic differences in caregiving arrangements. (Journal Article) Journal of Gerontological Social Work Vol. 45 No. 4 (2005), 3-21 (19 pp.)


• Lee, L. & Kunz, A Love those boomers. (Journal Article) (Illus.). Business Week No. 3956 (Oct 24, 2005), 94+ (6 pp.)

• Fitzgerald, S. Senior market. (Journal Article) Assisted Living Executive Vol. 12 No. 6 (Jul-Aug 2005), 23+ (4 pp.)
• Sharit, J. et al  **Cost - benefit analysis methodology for assessing product adoption by older user populations.** (Journal Article) *Applied Ergonomics* Vol. 35 No. 2 (Mar 2004), 81-92 (12 pp.)

• Fung, H & Carstensen, L  **Sending memorable messages to the old: age differences in preferences and memory for advertisements.** (Journal Article) *Journal of Personality and Social Psychology* Vol. 85 No. 1 (2003), 163-178 (16 pp.)